

Early Help Information for Area Committee Meeting

Area: Central Team 1 – Area 3

Area Committee Meeting 15th June 2017

Report updated: 4th May 2017

Team: Central Team 1 – Consists of a Children’s Centre Team - 5 Family Support Workers Level 2 delivering group interventions and 1:1 family support, 3 Family Support Workers Level 1 - Delivering groups in the communities. Play and Youth Team consists of 2 Play and Youth Seniors and 3 Play and Youth Workers (2 vacancies)

Wards covered by the team: Aspley, Bilborough, Broxtowe

Leadership Team:

Community Family Support Manager – Pat Mills

Assistant Community Family Support Manager – Kerry Reeves

Early Support Specialists – Vacancy – support offered from ESS across the city.

Play and Youth Specialist -Manjit Sahota

Early Learning Specialists - Naomi Skelton

Children’s Centre Current delivery

Number of open access sessions: 3 per week

Monday – Stay, Play& Learn

10:00am – 11:30am

Aspley Library - **Attendance** – 482 **Average weekly attendance** 10 families

Wednesday - Stay, Play and Learn

10:00am-11.30am

Aspley Children’s Centre– **Attendance**-376 **Average weekly attendance** 15 families

Friday Stay Play and Learn

10-11.30am

Bilborough Community Centre (start Q1 2017)

Number of targeted sessions: 15 (5 Family support clinics)

Targeted Group	Intervention
Domestic Abuse	Rise sessions at Broxtowe children’s centre Freedom Programme (Central Locality approach)

Behaviour	The Triple P (Positive Parenting Program) Targeted Teams (Locality approach) Me and My Child Parenting Programme (Locality Approach) 1:1 Family Support work Family Support/Drop In clinics 5 per week Screening Families from Children and Families direct
Safety	First aid Family Support Clinics/Drop In's 5 per week Adult Learning -Money Matters Premier Possibilities Volunteer Programme Health Messages – Safer sleeping, Unavoidable Injuries, Home Safety Place to be Counselling Service St Anns Debt Advice Welfare Rights
SEND	New Forest Parenting Programme (NFPP) Sensory Room Forest Schools
Child Development	PEEP Watch me Grow PEEP Inbetweenies PEEP GRN Weaning Group(SSBC) Cook and move (SSBC) Child Health Clinics (Health) Midwife Clinic (NUH) Baby Massage (NUH/SSBC) Baby Play (SSBC) Active Play (SSBC) Stories songs and rhymes (SSBC)

Monday

Stay Play and Learn at Aspley Library 10-11.30am

GRN at Rosslyn School– until May 15th 2017

Inbetweenies PEEP – starting 7th June 2017 Aspley Library

Sensory Room available for bookings – Broxtowe Childrens Centre
9.30am – 5pm

Tuesday

Sensory Induction 9.30am – 12noon

Sensory Room available for bookings

9.30am – 5pm – Broxtowe Childrens Centre

Wednesday

Stay Play and Learn at Aspley Children's Centre
Sensory Room available for bookings – Broxtowe Childrens Centre
9.30am – 5pm

Thursday

GRN PEEP (Q1 2017)- Bilborough community centre
Me and my child parenting programme – delivered at Hyson Green Childrens Centre
(Central Locality approach Q1 2017)
Rise (WAIS) drop in 3rd Thursday of each month -- Broxtowe Childrens Centre
9.30am – 5pm
Sensory Room available for bookings
9.30am – 5pm

Friday

Stay Play and Learn at Bilborough community centre
10-11.30am (Q1 2017)
St Anns Advice service all day
Sensory Room available for bookings – Broxtowe Childrens Centre
9.30am – 5pm

Number of family Support Clinics: 5 per week

Monday - Family Support Clinic
09:00am – 12:00pm
Broxtowe CC

Wednesday - Family Support Clinic
09:00am – 12:00pm
Aspley CC

Thursday – Family Support Clinic
09:00am – 12:00pm
Amesbury

Thursday – Family Support Clinic
1-4pm
Bilborough CC

Friday - Family Support Clinic
10:00am – 12:00pm
Broxtowe CC

**Attendances at Family Support Clinics April 2016 – March 2017 – 191 families
Q 4 attendances 63**

Total 254 families seen 2016-2017, compared to 211 families seen 2015-2016.

- Positive feedback from families on the impact the stay, play and learn sessions have on their children's confidence and their own confidence to access services, as well as singing and reading with their child.
- The Aspley library session has good partnership; the library deliver singing and reading time in the session; encouraging early literacy and reading with an increase of the loaning of books from the library by families with children under 5.
- Sessions have good partnerships with FIS to promote the 2 year ELP.
- Comments from parents for the Stay, Play and Learn session at Aspley Children's Centre:
 - "I have learnt how to help my child learn and develop at home through what I have seen and learnt in this session"
 - "My child became more confident in his interaction with other children"

Progress stars and tracking:

- 24 completed progress stars for Stay Play and Learn at Aspley Library
- 21 completed progress stars for Aspley Childrens Centre Stay Play and Learn session
- 15 children tracked for the two open access Stay Play and Learn groups
- Let's Get Moving session delivered Qtr 3 63 attendances - All children's tracking scores improved throughout the session, the area being tracked was Physical Development. The average starting score of the children's tracking was 19.5 and the average end score was 21.7.
- Forest school tracked 9 children from Nursery setting. Feedback- staff noted significant difference in gross motor skills, being able to move outside on uneven ground. Nursery expressed that they would like to continue with this service as it has shown significant improvement in children's development holistically.

All programmes/sessions have some outcomes at the end of term (progress stars and children's development tracking) – where this was low this has been reinforced with individual staff members.

Workforce Development sessions are delivered monthly by the Early learning Specialist when the processes are reinforced with the staff team

Group evaluations:

- 4 families completed the Me and My Child programme; social care fed back that's a result of attending the programme, one family with 5 children came off their child protection plan and the case was closed to social care. Also, the school fed back that children's behaviour had improved, with parents managing behaviour better as a result of attending the course.
- 6 adults successfully completed the Volunteer (Getting Ready for Work) programme and 5 have been identified to undertake some volunteering in the children's centre.
- Stay, Play and Learn at Aspley CC was observed and received a 'Good' grading with some outstanding features with families positively feeding back about the benefits of the session. Learning journeys and WOW moments are completed by parents actively and are written in the child's voice.

Play and Youth Team:

Current delivery: 8 sessions (Q1- 7sessions)

Number of open access sessions per week: 8

Tuesday	Balloon Woods Play Session Weekly average attendances
	Q 1 – 8
	Q 2- 8
	Q 3 – 6- (Dec shutdown week)
	Q4- 7

Wednesday	Balloon Woods Play Session Weekly average attendances
	Q 1- 10
	Q 2- 10
	Q 3- 8
	Q 4- 9
	Balloon Woods Youth Session Weekly average attendances

Q1- 4

Q 2-3

Q 3-2

Q 4-4

Thursday

Phoenix Adventure Playground
Weekly average attendances

Q 1- 29

Q 2 -25

Q 3 -30

Q 4 -113

Aspley Youth session YMCA
Weekly average attendances

Q 1- 20

Q 2 – 20

Q 3 – 21

Q 4 -22

Friday

Phoenix Adventure Playground
Weekly average attendances

Q 1 -30

Q 2- 30

Q 3-27

Q4 -24

Bells Lane Youth session
Weekly average attendances

Q 1 –11

Q 2 -10

Q 3 -13

Q4 -21

Saturday

Phoenix Adventure Playground
Transitional session
Weekly average attendances

Q 1- -16

Q 2- 23

Q 3-23

Q4 -19

Number of themed projects against Directorate Target: 4

Central 1	Quarter 1 -Active Participation- Play and Youth (2 sessions- Play and Youth)	Quarter 2 Acceptance and Equality Project	Quarter 3 National Youth work	Quarter 4 Consultation- explores what children & young people wanted from the services provided. This helped shaped future planning.
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Themed projects average attendance

Quarter 1	Quarter 2	Quarter 3	Quarter 4
Active Participation at Phoenix , Bilborough Play, Leen Valley and YMCA Youth. Date from 7 th April – 12 th May 2016 12 sessions	Acceptance and Equality Project Phoenix play session (Thursday) 19 th August -13 th Sept- 6 sessions	National Youth work 13 th October – 3 rd November 4 sessions	Consultation January 2017- March 2017
Average Attendances	Average Attendances	Average Attendances	ongoing

19	25	8	See attached reports
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Project scaling

Bullseyes completed at beginning and end of themed project

Active participation

28

Acceptance and Equality

18

National Youth work

11

In summary, the children and young people showed progress in all priorities through periods Q1-Q3.

Central 1 – Play and Youth Themed Project Feedback.

Positive Outcomes:

Phoenix Play Natures Project

Young people at Phoenix committed to 3 weeks of learning about nature and how they can be part in looking after the nature around them.

This consisted of scavenger hunts through the trees in the woods for items that could be used to make decorative wind chimes, getting messy by making their own bird feeders which could be hung in the trees and flowerpot painting to plant and grow their own cress at home.

The young people transformed the outside flower area which was overgrown.

The young people thoroughly enjoyed this with them taking different roles and working together to achieve positive outcomes.

Average Attendance

4

Markeaton Park Trip

We planned it and we did it! (From the young people)

The young people put in great effort to write a letter to management requesting funding for a trip explaining the benefits to them by going on the trip.

The young people prepared all the paperwork and successfully planned the summer trip and filled a coach to Markeaton Park.

The day was enjoyed by all

Some quotes

10/10 let's do it again

Thank you for bringing us to it, it was amazing I loved it

I enjoyed the pool, it was fun and I had a laugh.

Average Attendance

37

Summer Nights football tournament

Young people from Aspley youth club requested a football tournament during the summer holidays to reduce the level of boredom, which is a major factor that leads to anti-social behaviour.

The value of this programme was to make positive links between young people from different parts of the city.

Key skills developed through the tournament was

- Leadership and taking responsibility as they learn to work with others to achieve a common goal.
- Develop a physical and mental approach that would help them when facing challenges in a school, home or other social settings.
- A learning how to interact in competitive environments
- Teaching the concept of good sportsmanship and trying your hardest will often achieve great results.
- How to increase a young person's value of themselves
- Develop self-esteem and confidence

Average Attendance

14

Cancer Awareness Project

Average attendance

10

Cook and Eat project

Average attendance

Bike Project

Christmas Goodwill

Christmas has brought out the good will in one young person at Bells Lane Youth session read on to hear more...

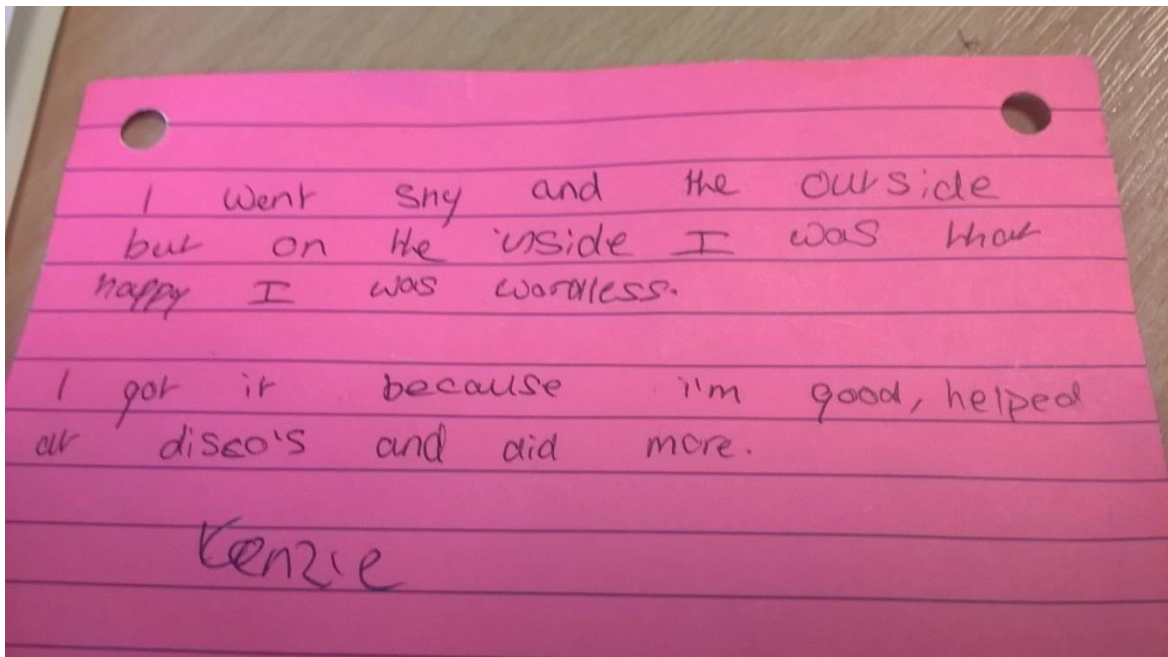
Christmas was here again and with it some festive goodwill. It was the Friday before Christmas and all was well at the Bells Lane youth session. There was music and food and lots of laughter. NH was at the Youth session and was given a Fantastic new bike that had been donated as a surprise gift. Staff and young people reached a vote that NH deserved to be given the bike but to our amazement said he couldn't take it!

He went on to say that he had a bike although it was old it got him from A to B so he didn't need another one

He asked us to give it to someone else that deserved it-here is N giving the bike to KB

KB was speechless but very pleased one early Christmas present for him

KB wrote a few words about how he felt receiving the bike



Play and Youth Citywide Events:

Healthy Me

The Play and Youth Teams hosted a fantastic 'Healthy Me' event for young people at the fabulous Harvey Hadden Sports Village. Over 120 young people from across the city attended and enjoyed the program of activities on offer these ranged from, basketball, swimming to Zumba. Teams watched the excitement from the young people who said they loved the event, many wanted longer!!! And more activities, importantly they said they will be attending the Centre again in the future. 8 young people attended from Central 1.

Santa Train

7 families, 13 young people attended the citywide Santa Train trip 10th Dec 2016.

Celebration Event 7th April 2017

The event brings together 60 Young People and their Parent/ carer from across the city to celebrate their achievements during 2016/17. Held at the council house Young People will receive certificates in acknowledgement for their achievement's in themed project work, Youth Council and personal achievement's.

4 young people and some of their families attended from the area and received their award from Councillor Mellen.

1 young person from the area won the music quiz which she was very proud of. 16 children and young people were invited and although they did not attend the event, the team are delivering a celebration event locally and all the children and young people will receive certificates.

Quarter 4- Consultation Themed Project

Consultation took place within all play and youth sessions in Q4. The outcome of this was the play and youth team were able to establish how easy it was for the children and young people to access either a play or youth session that was currently being delivered in the area taking into account their personal status i.e. education, employment, apprenticeships or other, how many boys or girls was accessing services, the age range, languages spoken, disability, their understanding and being able to follow ground rules and what they wanted from the play and youth service.

The consultation has enabled children and young people to shape the services we now deliver for Q1 2017- Q4 2018.

Action taken from the consultation

Play and Youth sessions in the Bilborough ward have now been relocated.

The play session will now be delivered from Shelia Russell Community Centre, every Tuesday 3.30-5.30pm. This session starts on Tuesday 6th June 2017.

Bilborough youth session starts Wednesday 3rd May at Harvey Hadden leisure Centre.